

# WHAT IS A RESIDENT ASSISTANT?

After you become an RA, move up to the next level of your career by becoming a CNA.

We offer free CNA classes to employees. Visit 'Careers' on our website.



A Resident Assistant (RA) is an essential caregiver who helps seniors with activities of daily living and also provides conversation and companionship to enrich their lives.

Becoming an RA requires about 10 hrs of classes which are free with an employment agreement at our facility:

- First aid and choking
- Standard precautions
- Fire safety training

## DUTIES OF AN RA

- Provide routine resident care
- Pass medications (following Med Asst certification)
- Observe residents and alert staff to changes
- Offer conversation & companionship
- Assist with mobility via wheelchair or walker
- Help with toileting, bathing, dressing, hygiene
- Set up, serve & clean up at mealtimes
- Assist with feeding
- Pass water & juice
- Perform light cleaning & linen changes
- Check & replenish supplies

## BENEFITS OF BEING AN RA

- RAs are an important part of a care team.
- No experience required; paid training
- Great way to get started in a healthcare career
- We offer employee tuition reimbursement for career growth: Become a Med Assistant, CNA or nurse.
- RAs can work in many places: assisted livings, retirement homes or home care agencies.
- Job fulfillment working directly with residents & clients
- RAs are in demand with expected job growth

## NEXT STEPS IN YOUR CAREER

When you decide to move forward from RA to CNA, we're here to help. We offer a free CNA class to all WISH employees where you'll learn:

- Anatomy & physiology
- Nutrition
- Infection control
- Vital signs & measurements
- Communication & teamwork
- Personal care & ADLs (activities of daily living)
- Protecting patient/resident confidentiality
- Mental health
- Cultural diversity
- Patient/resident rights

*Maple Ridge*  
CARE CENTER

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\*Free CNA class & WI state test require an employment obligation at our facility.